







PART 1

Introductory Training >



One Training (2 hours)

) Learn about the practicalities of the civic engagement activities thanks to our online training.

PART 2

Civic Participation >

You can choose between:

- Participating in a *Help Desk*, by helping citizens to solve issues linked to your field of study.
- Participating in a community volunteering, to act on the field in the context of a specific social challenge.

PART 3

Reflect on your expectations and what you have learnt >

- > Fill out your Reflection Report, on the Virtual Campus, before and after having participated.
- Sign and upload your Time Sheet: a follow-up document in which you will indicate all your tasks.