SÖDERTÖRN UNIVERSITY | STOCKHOLM
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KreativEU
Knowledge & Creativity
European University

Fact sheet (Academic year 2025/2026)

Contact information

Address

Södertörns högskola - Södertörn University (ERASMUS CODE: **S HUDDING01**)

International Office

Alfred Nobels allé 7 Flemingsberg 141 89 Huddinge Sweden

Website: http://www.sh.se/exchange/ Phone: +46 (0) 8 608 4000

Contact persons

Head of International Office: Mr. Ronald Nordqvist (ronald.nordqvist@sh.se)

Areas of responsibility	Responsible persons	Contact email
Erasmus+ agreement	Ms. Felicia Fernelius	international@sh.se
Incoming students Teaching & staff mobility	Mr. Hidehisa Matsumoto	exchange@sh.se
Outgoing students	Ms. Vanessa Mate Romul Ms. Luca Clemente	exchange@sh.se
Blended Intensive Programme (incoming/outgoing)	Ms. Caroline Ljunggren	exchange@sh.se
International marketing and student's recruitment	Mr. Aydin Mammadov	international@sh.se
Student Accommodation	Ms. Susanne Bartholdsson Mr. Ali Rezaei	accommodation@sh.se

Key dates (*See more details in Calendar for Exchange Students)

	Autumn semester	Spring semester
Nomination deadlines	April 25	October 10
Application deadlines	May 1	October 15
Official arrival date	August 25	January 19 2026
Orientation days	August 26 – 30	January 20 - 24 2026
Beginning of semester	September 1	January 19 2026
End of semester	January 18 2026	June 7 2026

Our profile

Södertörn University was founded in 1996 and is a state-governed higher education institution in Stockholm. Our campus is located in Flemingsberg, south of the city, where we conduct education and research for sustainable societal development. Currently, the university has approximately 12,000 full-time students and around 250 international students. Södertörn University has a multidisciplinary and multicultural ethos. Education and research focus in the humanities, social sciences, media technology and environmental science. We also provide police education and teacher education with an intercultural profile. Our research into the Baltic region and Central and Eastern Europe forms a knowledge environment that is among the best in the world.

Södertörn University is one of eleven European universities that are part of the European University alliance KreativEU (Knowledge & Creativity European University). The consortium places the creative potential derived from Europe's cultural heritage at the heart of its teaching, research and knowledge transfer activities. For more information about KreativEU: **https://kreativeu.org**

Nomination and Application Information	
When can partners nominate students?	Partners will receive information on nomination and application procedures, and a link to an online form in March/September. No hard copies are required. Nomination deadlines for partners: Autumn semester: 25 April Spring semester: 10 October
When can students apply?	Applications open in April/September. Application deadlines for students: Autumn semester: 1 May Spring semester: 15 October
How do students apply?	Nominated students will receive the information on application procedures and the link to our online system to students.
What are language requirements for application?	We recommend that students have achieved CEFR B2 level. Incoming exchange students need not to provide evidence on their English language ability since we since we expect our partners to ensure their students' language proficiency.

Study information	
What are requirements for studying as Exchange/ Erasmus students?	Erasmus/exchange students must register 30 credits per semester. Also, they take at least one course per period. Students cannot take two full-time courses in a period.
What is period?	Each semester is divided into four (4) periods (ca.5 weeks/per period). See detailed schedule in the Calendar for Exchange Students.
How many courses do student take?	Four courses are usually equivalent to full-time studies (30 credits). Courses are often given for 5 weeks which is equivalent to 7.5 credits. Students take courses sequentially during the semester– that is, one after the other, *not* in parallel. In other words, students do not choose several courses in the same period.
How many hours do students study?	One week of full-time studies equals 1.5 credits. The workload is 40 hours per week, including lectures, readings, assignments, seminars and independent studies.
How do students choose courses?	Students can choose freely from all courses offered at Södertörn University given that they can meet entry requirement(s). On www.sh.se/courses students can find the courses we offer with English as the language of instruction. If students are interested in choosing courses taught in Swedish, please contact exchange@sh.se in advance.
How do students check entry requirements?	On www.sh.se/courses students can find the courses we offer with English as the language of instruction. On the course page, they can find a link named “ENTRY REQUIREMENT”.
What is the grading system?	For most courses taught in English, a six-point grading scale is used: A – Excellent B – Very Good C – Good D – Satisfactory E – Sufficient F – Fail For courses and programmes taught in Swedish and a few courses in English, grades are awarded on a three-point scale: Pass with distinction (VG), Pass (G) or Fail (U)
Swedish Language Courses	Swedish language courses (*Swedish for international students 1,2 and 3*) are offered for free to incoming exchange students. Information about the language courses is available on www.sh.se/courses.

Study information	
Who is responsible person for signing (Online) Learning Agreement?	Please use the following information: • Name: Södertörn University • Country: Sweden • Erasmus Code: S HUDDING01 • Address: Huddinge or Alfred Nobels allé 7 Flemingsberg 141 89 Huddinge • Faculty: N/A or Not found • Responsible person/ Contact person: Hidehisa Matsumoto /International Officer • Contact email: exchange@sh.se • Contact phone: 08-608 40 00

Accommodation and practical Information	
How do students apply for accommodation?	Student accommodation is located within walking distance from the campus. All nominated exchange students will receive information on how to apply for accommodation via e-mail. Please find information on accommodation offers at https://www.sh.se/accommodation or contact accommodation@sh.se.
How do students apply for a residence permit?	Students from non-EU-countries can use the Letter of Acceptance to apply for a residence permit for studies through the Swedish Migration Agency. Application guidance is available here.
What is a residence permit?	Students from a non-European Union (EU) or non-European Economic Area (EEA) country require a residence permit to study in Sweden for longer than three months. The handling process for residence permit applications may take a long time. Therefore, we strongly recommend that nominated students from non-EU/EEA countries submit their residence permit applications as early as possible.
Are students covered by insurance?	All incoming exchange students are covered by Kammarkollegiet's Student IN-insurance by the Swedish state while studying in Sweden. Read more about the insurance terms and conditions here.

Practical information for new students:

- Cost of Living
- Student Health
- Disabilities
- Student Union
- Student's blog at Study in Sweden
- Visit Stockholm