

# EL CAMINO DE SANTIAGO

## EL CAMINO

### *A path of discovery*

The Camino de Santiago (The Path of St. James) is a route that runs through Europe to Santiago de Compostela and that began with the discovery, in the first half of the ninth century, of the tomb of St. James the Apostle in Galicia. This discovery and the subsequent establishment of a pilgrimage route was one of the most important events of the Middle Ages.

There are several routes that are part of the path of pilgrimage which all receive various names depending on the place they begin from or the area they cross through. These routes have existed since the Middle Ages and continue to operate today, through towns and cities of great historical value.

## POINT OF VIEW

### *contemporary*

The Camino is seen not only as a religious pilgrimage but also as a unique personal and collective experience, often having an indescribable impact on the walkers.

It is a process that focuses on the benefits of silence and self-connection, which helps individuals to focus on themselves and to analyze their relationship with others and with the environment. It also creates a wonderful environment for group bonding, team building, and for the creation or strengthening of friendships. In all cases, the arrival in Santiago is experienced as a personal and collective success, which may have a religious, spiritual and/or cultural value depending on the individual.

This trip is conceived as an introductory experience to strengthen the bonds of the group of students, who are accompanied at all times by a teaching team made up of expert teachers and support staff.

Both the students and the teaching staff will stay in private hostels along the way, in order to be able to reserve beds, which is not possible in public hostels. Lunches will be organized to match the corresponding distance and end-of-stage villages. Students should carry a small backpack with the essentials for the day, but the transfer of larger backpacks will be contracted with a company so that students can enjoy the experience as comfortably as possible. There will be alternating stages along the way with classes and gatherings.

